

# Integrated Behavioral Health, Made Easy

Traditional BH integration programs come with a host of challenges: access is limited, BH provider shortages abound, and co-located programs are labor, cost, and time intensive and cannot scale.

Thankfully there is a better way – welcome to Superior care.

From Population Health to Psychiatric Collaborative Care, our turnkey solutions can have you up and running rapidly so you can focus on what's important, your patients and your business.

#### **Population Health**

Remotely gather critical behavioral health insights through frequent between-visit digital screening at scale, and offer app-based resources available 24/7 at patients' fingertips

## **Behavioral Health Integration**

Augment your providers' expertise with clinical decision support for behavioral health that fits seamlessly into their EHR-based workflows, getting the right patients to the right level of support to avoid further overloading BH specialists

### **Psychiatric Collaborative Care**

Leverage our digital feedback loop, industry-leading cloud-based registry, and staffing support to deploy or augment a CoCM program that is sustainable and scalable

# Delivering Valuable and Measurable Outcomes Through Sustained Engagement

#### **Succeed in Value-Based Contracts**

Up to 17% annual cost reduction in chronic condition populations for organizations effectively integrating behavioral health (Milliman study)

## **Make Impactful Investments**

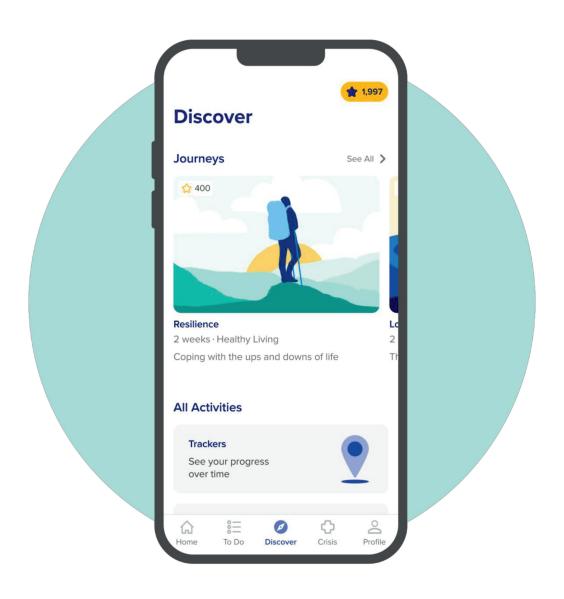
Depression treatment in primary care has resulted in lower total health care cost over 48 months with a **ROI of \$6.50 for every \$1 spent** (Health Home)

## **Drive Meaningful Outcomes**

78% of users report a reduction in depression or anxiety symptoms (Internal Data)

- Bulk patient invitations and assessments rapidly fill your CoCM caseload from day one
- A cloud-based registry combined with comprehensive reporting scales your CoCM efforts
- Staffing support augments your team's bandwidth with behavioral health care managers and psychiatric consults
- Seamless EHR integrations create efficient workflows and minimize administrative burden
- At-Risk alerts notify care teams when individuals show signs of deteriorating conditions
- Response Coordinators offer a human touch directing arisk individuals to the right level of care

- Digitally deliver content for general wellness as well as conditions like depression, anxiety, and more
- Frequent, remote screening enables proactive risk stratification across your population
- Behavioral economics, gamification and rewards programs drive sustained engagement



#### **ENGAGE**

Engage patients with their own behavioral health via an award-winning app experience, giving them critical resources at the times they need it most – in between appointments

#### **MEASURE**

Risk stratify your population within your existing EHRs and systems to identify patients in need of additional support.

#### **MANAGE**

Get patients to the appropriate level of care thanks to clinical decision support and staffing bandwidth provided by Superior Care, from self-care pathways to tele-psychiatry appointments.

